

Education

- 2021- (PGR MFA) Research Master, Fine Arts, Chinese University of Hong Kong, Hong Kong
- 2020 (BAS) Bachelor's Degree of Arts & Science, New Media Creative Media, City University of Hong Kong, Hong Kong
- 2015 (AA) Associate of Arts, Digital Visual Design, Community College of City University of Hong Kong

Collective

- 2020 Artist, Dial-in Dinner Collective (DDC), with Florence Lam (CA/HK), Alberta Leung (UK/HK), Eugene Park (KR)

Solo Exhibition

- 2022 *The silent blue filter* 寂靜的藍濾鏡, Window & Alley, Hong Kong International Photo Festival, Hong Kong
- 2020 *Personal ocean with ultramarine light, light up blues*, Run Run Shaw Creative Media Centre, Hong Kong

Group Exhibitions

- 2022 *Mindfulness Everyday-life Art Exhibition* 正念. 日常. 藝術, Part A, Book Punch, Hong Kong
- Colours of Humanity Arts Prize 2022*, Goethe Institut, Hong Kong Arts Centre, Hong Kong
- A BODY: FIGURE AND FLESH*, FLOOR_ Gallery, Seoul, Korea
- 2021 *Expanded Space: Installation and Expanded Exhibition Programme*, Eaton Hotel, Hong Kong
- THE ULTRA-REALIST, THE EXTRA-ORDINARY*, D-Normal/ V-Essay, Issue #2, Floating Project, Hong Kong
- Step-Back-Forward* 予于以行, online, Hong Kong
- 2020 *SCM annual, Not SCM Annual*, Installation & Others, SCM V+ Gallery, School of Creative Media, Hong Kong
- 2019 *Right Here, Left Now, Out There* 在這, 仍在, 現在, Floating Projects, Hong Kong
- 2017 *InnoCarnival 2017: Live Smart. Be Innovative (HKSAR's 20th Anniversary)*, Innovation and Technology Commission, Hong Kong
- Celebration of Innovations*, City University of Hong Kong, Hong Kong
- PHAB Symposium 2017: Psychological well-being of people with acquired disability*, Hong Kong PHAB Association, Hong Kong
- SIG Playful Media Showcase 2017*, School of Creative Media, Hong Kong
- CityU Employers' Luncheon*, City University of Hong Kong, Hong Kong

Publications

- 2022 *Mindfulness Everyday-life Art* 正念. 日常. 藝術, interactive web-based documentary, Anson MAK 麥海珊
- Insights of an Eco Artist*, Issue 1: Jul/Aug, Insights of a Young Ecological Artist
- 2021 *Our Manifestos II: Videography, Documentary Impulses*, First Edition, Floating Project
ISBN: 978-988-75664-0-3

Things will Work Out Tomorrow- A Growing Collection of StepBackForward Methodologies, First Edition, StepBackForward.art

D-Normal/ V-Essay 平地數碼, Issue #2, Floating Project, Online

Step-Back-Forward 千行以行, StepBackForward.art, Online

2020 *Sacrifice : Dabble* 犧牲. 犧牲, Artbook, Hong Kong

2009 葉子: 第七屆全港微型小說創作大賽得獎作品集, 匯知國際教育, 香港

Professional Involvements

2021 Performer, *Still in Hong Kong*, Scarlet Yu & Xavier Le Roy, *Trust & Confusion*, Tai Kwun Contemporary Art, Hong Kong

2020 Artist Assistant, *Home and Nonhome*, Chi Wo Leung, Eaton Hotel, Jockey Club New Arts Power, Hong Kong

Artist Assistant, *Art Machines : Past/Present*, Chi Wo Leung, Indra and Harry Banga Gallery, City University, Hong Kong

Awards

2022 Shortlisted, Colours of Humanity Arts Prize 2022, Justice Centre Hong Kong, European Union Office to Hong Kong and Macao

2021 Postgraduate Studentship Award, Chinese University of Hong Kong, Hong Kong

2017 Funding: Student Early Entrepreneurship Development Scheme (SEEDS), City University, Hong Kong

Discovery & Innovation Award, Outstanding Innovation, City University, Hong Kong

Certificate of Merit, Logo Design Competition, Department of Marketing, City University, Hong Kong

2009 Champion, The 7th Hong Kong Micro-novel Writing Competition, Man Kwan Educational Organisation Limited, Hong Kong

Archived

2021 *Loneliness Blue*, Floating Project, Hong Kong

Loneliness Blue, Videotage, Hong Kong

2020 *Sacrifice:Dabble*, Image Archive, WMA:OPEN, Hong Kong

Residencies / Workshops

2021 Art/Cooking Session 2, Dial-in Dinner Collective, Online

Art/Cooking Session 1, Dial-in Dinner Collective, Online

2019 Summer Institute: Future Commons, Tai Kwun Contemporary, Hong Kong

2015 Artist Workshop, 手繫棚仔, Mei Ho House, Hong Kong

Press Released

2022 *Embodying an Ecopsychological perspective, artist Itit Cheung builds a conversation around the notions of diversity, connection and Human rights.*, Joana Alarcão, Insights of a Young Ecological Artist,

2021 编辑部夏日快电, 黑齿编辑部, HeiChi Magazine 黑齿杂志

Launch of stepbackforward online archive stepbackforward, art-agenda announcement, art-agenda

2018 100種聲音, GIRLSDAILY, PressLogic

2017 檢閱香港研究生力軍 實用與趣味兼備, 科技i世代, 文匯報

CityU News, City University of Hong Kong

與時並進, 881903

Action...and great, that's a wrap!, A1, youngpost, South China Morning Post